

REPORT ON PROGRAMS ORGANIZED BY HEALTH SUBCOMMITTEE

(2013-2019)

Date: 5th March, 2019

Program: Free Eye Check-Up Camp in Collaboration with Disha Eye Hospital, Barrackpore

Venue: Room no 127, 85 Middle Rd campus

Physicians and Technicians: Staffs from Disha Eye Hospitals, Barrackpore

Target: In house Teaching and Non-Teaching Staffs

Total 8 Ophthalmologists (optometrist, technicians, counselor, medical social worker and Coordinator) from Disha Eye Hospital were present to check and prescribe the in house teaching and Non Teaching staffs through computerized eye testing, vision check, subjective refraction, colour vision, counseling. Total 95 individuals were benefitted including 50 teachers and 45 Non-teaching staffs by the camp.



Date: 5th February, 2019

Program: Outreach Program at Bholananda Giri Old age Home for annual health check up

Venue: Bholananda Giri Old age Home

Physicians and Technicians: Dr. Sunil Kr. Gope and Dr. Subhadeep Banerjee

Target: Senior residents of the Old age Home

Two Physicians Dr. Sunil Kr. Gope and checked the residents thoroughly and prescribed as per necessity. Zoology (6) and Political Science students (6) were involved in the program to assist. Total 32 residents were checked and total 50 senior residents were given a token gift of bed sheet, food packets, boroline ointment and 2 soaps.



Date: 12th February, 2018

Program: Annual Health Awareness seminar on “Adolescent Health and Oral Health Awareness”

Venue: Bibhutibhusan Hall, 6 Riverside Rd campus

Speakers: Dr. Sujoy Ghosh, Assistant Professor, CU and Dr. Sunil Kr. Gope

Target Audience: 1st SEM students of all streams.

Total 140 students participated in the seminar with enthusiasm and asked many pertinent questions to the speakers.



Date: 23rd February, 2018

Program: Health Monitoring camp for in house teaching and non teaching staffs

Venue: 6 Riverside Campus Library

Physicians and technicians: Dr. Sunil Kr. Gope and Students of Food and Nutrition Dept. (7)

Target: In house Teaching and Non Teaching staffs

Blood pressure, blood sugar (random) and obesity of the staffs were checked and a probable diet plan was suggested by Students of Food and Nutrition Dept (7). General health was also checked up by Dr. Sunil Kr. Gope.



Date: 29th November, 2017

Program: Outreach Program at Bholananda Giri Old age Home for annual health check up and Eye check up camp of the senior residents in collaboration with ASG Eye Hospital

Venue: Bholananda Giri Old age Home

Physicians and Technicians: Dr. Sunil Kr. Gope and Staffs from ASG Eye Hospital

Target: Senior residents of the Old age Home

General health of senior residents was checked thoroughly by Physician, Dr. Sunil Kr. Gope and prescriptions were made as per necessity. Four Ophthalmologists (Optometrist, Coordinator and counselor) did the eye check-up. Students were involved in the program to assist. Total 42 residents were checked and all the senior residents were given a token gift of shawl, biscuit packets, colgate paste, boroline ointment, mosquito repellent and bleaching powder.



Date: 14th September, 2016

Program: Outreach Program of medical camp in collaboration with Barrackpore Avenue Women's Cultures & Social Welfare Society for destitute orphan children

Venue: HOHOHA Home in Barrackpore Cantonment

Physicians and Technicians: Dr. Sunil Kr. Gope, Dr. Partha Mukherjee, Dr. Mayukh Goswami and Students from Zoology and Food & Nutrition Dept.

Target: Orphan children

All the boarding children (Age 10-12yrs) were thoroughly checked up by three physicians, Dr. Sunil Kr Gope, Dr. Mayukh Goswami and Dr. Partha Mukherjee. Basic body criteria such as, height, weight, head circumference and blood grouping was done by students of Zoology (5) and Food & Nutrition (4) Dept. Children were gifted with one football jersey and the orphanage was donated sufficient amount old garments, bed sheets, bed & pillow covers.



Date: 15th April, 2016

Program: Annual Health Awareness seminar on “Occupational Health Hazards among teachers” and “Cancer & Food Habits”

Venue: in room no. 202, 85 Middle Rd campus

Speakers: Dr. Partha Mukherjee and Dr. Sankar Kr. Nath

Target: Teaching and Non-Teaching staffs

Dr. Partha Mukherjee delivered lecture on Occupational health hazards among teachers and Dr. Sankar Kr. Nath delivered on Cancer & Food Habits. Total 69 Teachers participated in the seminar and were profusely benefitted.

Date: 7th October, 2015

Program: Annual Health Awareness seminar

Venue: Bibhutibhusan Hall, 6 Riverside Campus

Speakers: Dr. Suil Kr. Gope (“Adolescent Health & Thalassemia”), Dr. Sankar Kr. Nath (“Cancer & Food Habits”)

Target: B.A. and B. Com. 1st year students

Total 195 of B.A. and B. Com. 1st yr students attended the seminar enthusiastically.



Date: 9th October, 2015

Program: Annual Health Awareness seminar

Venue: Bibhutibhusan Hall, 6 Riverside Campus

Speakers: Dr. Suil Kr. Gope (“Adolescent Health & Thalassemia”), Dr. Partha Mukherjee (“Jaundice and viral Hepatitis”) and Dr. Mayukh Goswmi (“Dengue”)

Target: B.Sc. 1st year students

Total 210 of B. Sc. 1st yr students attended the seminar.



Date: 5th May, 2015

Program: Outreach Program at Bholananda Giri Old age Home for annual health check up in collaboration with N.S.S Unit

Venue: Bholananda Giri Old age Home

Physicians and Technicians: Dr. Sunil Kr. Gope and Dr. Mayukh Goswami

Target: Senior residents of the Old age Home

General health of senior residents was checked thoroughly by Physician, Dr. Sunil Kr. Gope and prescriptions were made as per necessity. N.S.S. students were involved in the program to assist. Total 34 residents were checked and all the 46 senior residents were given a token gift of Horlicks, a towel and Water bottle. The old age home was given a water purifier (Aqua guard) to give its boarders clean drinking water.



Date: 12th December, 2014

Program: Annual Health Awareness seminar

Venue: Room no. 226, 85 Middle Rd campus

Speakers: Dr. Suil Kr. Gope (“Adolescent Health”), Dr.

Kaustav Charaborty (“Mental Health Problem in Adolescent”) and Dr. Mayukh Goswami (“Ebola virus disease”)

Target: B.Sc. 1st year students

Total 212 of B. Sc. 1st yr students attended the seminar.



Date: 19th December, 2014

Program: Annual Health Awareness seminar

Venue: Bibhutibhusan Hall, 6 Riverside Campus

Speakers: Dr. Suil Kr. Gope (“Adolescent Health & Thalassemia”), Dr. Sankar Kr. Nath (“Cancer & Food Habits”)

Target: B.A. and B. Com. 1st year students

Total 158 of B.A. and B. Com. 1st yr students attended the seminar enthusiastically.



Date: 20th September, 2014

Program: Outreach Program at Bholananda Giri Old age Home in collaboration with NSS Unit

Venue: Bholananda Giri Old age Home

Physicians and Technicians: Dr. Sunil Kr. Gope and Dr. Mayukh Goswami

Target: Senior residents of the Old age Home

General health of senior residents was checked thoroughly by Physicians, Dr. Sunil Kr. Gope and Dr. Mayukh Goswami. Prescriptions were made as per necessity. N.S.S. students were involved in the program to assist. Senior residents were checked and were given a token gift of Food basket.



Date: 11th January, 2014

Program: Outreach program in Ward No. 17, Barrackpore for health check up of newly mother and child of economically backward classes.

Venue: Titagarh Ashani Sangha Club

Speakers: Dr. Suil Kr. Gope and College Teachers

Target: Mother and child of Economically Backward classes in ward No 17.

Total 75 mothers and their children were checked thoroughly for common health problems. They were delivered lectures and given hands-on-workshop to teach basic healthy and hygienic practices to avoid common diseases. Basic diet pan including healthy, nutritious as well as cheap available food were proposed to them by Food & Nutrition Teachers.

