

BEST PRACTICE 1

Title: Towards a Healthy and Safe Life: Embracing a Pragmatic Approach of Excellence

Objective:

1. Facilitating physical and mental well-being of students, teachers and other stakeholders through proper preventive and curative measures.
2. Ensuring prevention from occupational hazards relating to fire safety, safe-banking & safety against online hacking, bullying, fraud & data loss.

The context:

As a consequence of widespread anxiety over health safety and consequent psychological breakdown during pandemic, education went online since March 2020. Prolonged isolation led to psychological and life-style related ailments. As a unit of society, institution felt urgency to reach out to stakeholders & community by addressing issues related to wellbeing of all.

The Practice:

Along with total follow-up of Covid protocols institution provided psychological counseling through certified counselors during pandemic and arranged several programmes ensuring cyber & fire safety.

We are certified in Occupational Health and Safety ISO 45001: 2018, (RENEWED) in May 2022

Recent activities in concerned area :

1. Outreach Health Check-up Programme at Bholananda Giri Old Age Home -05/02/ 2019
2. Free Eye Check-up Camp -05/03/ 2019
3. Health Camp for Students -29/08/2019
4. Re-initiation of Thalassemia Carrier Detection Programme -02/09/ 2019 onwards
5. Health Check-up Camp for Teaching and Non-Teaching Staff -18/03/ 2021
6. Student Vaccination Camp -29/09/ 2021 & 01/10/2021
7. COVID-19 Detection Camp (RT PCR) for Teaching and Non-Teaching staff and students – 01/11/2021 -06/11/2021
8. COVID-19 Detection Camp (RT PCR) among Teaching and Non-Teaching staff - 30/11/2021 & 02/12/2021
9. COVID-19 Detection Camp (RT PCR) among Teaching and Non-Teaching staff - 06/12/2021 – 08/12/2021
10. COVID-19 Detection Camp (RT PCR) among Teaching and Non-Teaching staff - 09/12/2021

Digitally Signed By
Principal Baranpore Rastragard Surendranath College

MONOJIT RAY
West Bengal
India 700058

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11. Health Camp for students (Students' Week) -03/01/ 2022
12. Workshop on Safe-banking -13/12/2022
13. Health Camp for PG (Students' Week) 03/01/2023-04/01/2023
14. Seminar on Fire-Safety and Training -05/01/ 2023
15. Awareness on Hypertension (World Hypertension Day) – 17/05/2023

Programmes throughout the year:

- **Mental Support Group:** Institution offered mental support throughout the pandemic.
- **Sanitization Programme:** Institution conducted sanitization & Fumigation, provided masks.
- **Health Centre BRSC:** Doctor Sunil Gope remains available at Health Centre (Monday, Friday). Well-equipped First Aid Boxes and medical supplies are available.
- **Initiatives by College IQAC during COVID:**
 - Awareness Programme on healthy diet and immunity
 - Practice of Yoga
 - Fitness Programmes
 - Survey of Vaccination in Students
- **Annual Stress Relief Excursions for Teaching & Non-teaching staff & Treks by BRSC Trekking Club** for teachers & Students

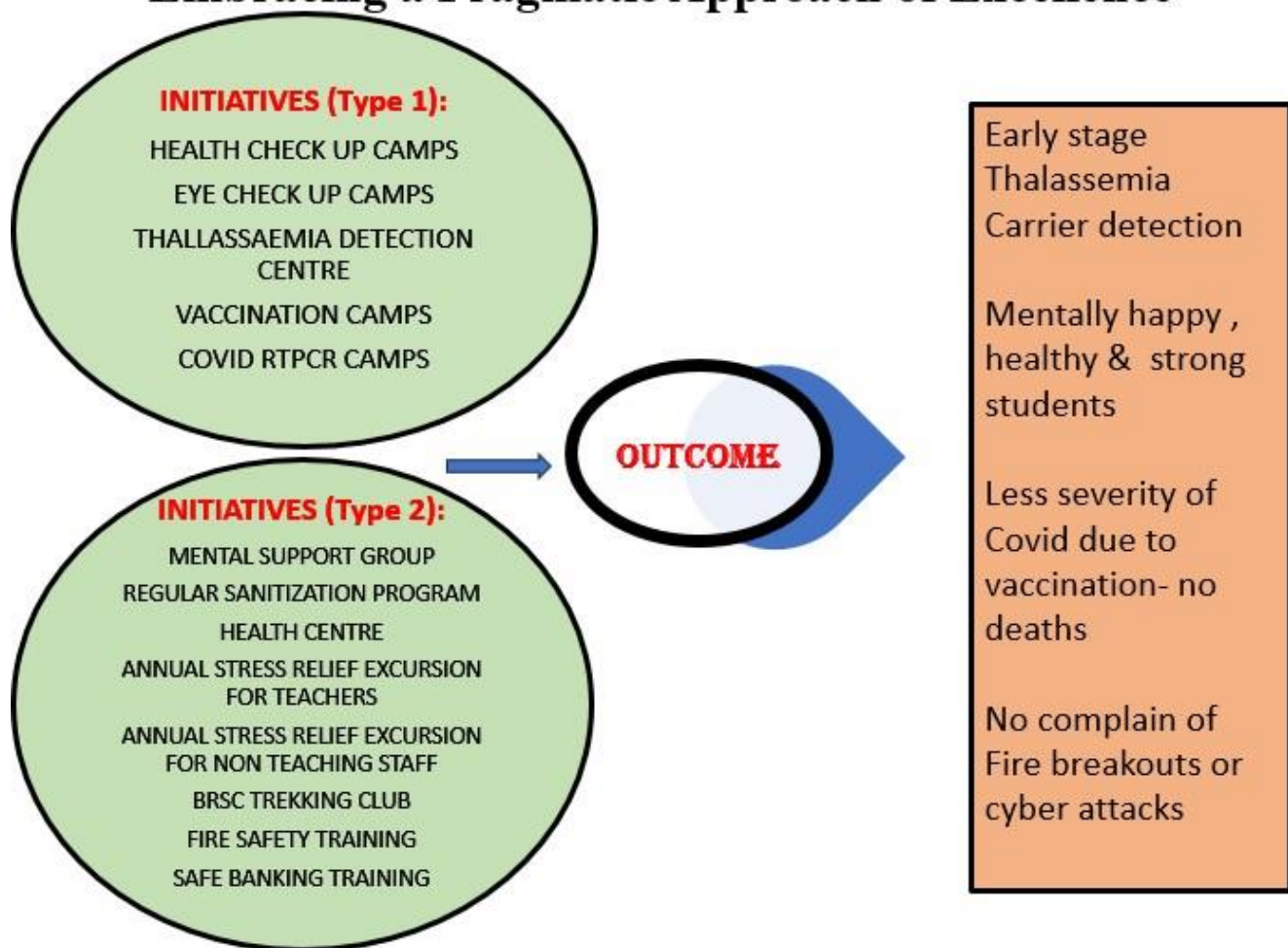
Evidence of Success

- Thalassemia Detection centre detected carriers who could bring progeny with the trait. There is good response to Pre-marital detection of Thalassemia.
- RT PCR tests detected many Positives for immediate quarantine.
- Health check-up provided confidence among panicked population.
- No loss of lives of student & staff.
- None of our stake-holders faced hazards related to work-place safety.

Problems Encountered:

- A problem encountered during health and safety practices was to overcome anxiety over personal health & safety.
- Maintenance of high end instruments all of which had to be repaired and thoroughly verified before re -operation.

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BEST PRACTICE 2

Title: A Triadic Manifesto of Students' Progression: Running a Prodigious stride to Success

Objectives:

- To develop employability skills among students leading to meaningful career, and service to society.
- To guide students towards employment opportunities and exposure for vertical progression in multiple fields.

The Context:

Keeping pace with the emergence of India as a global economic power and increasing numbers of skilled youths waiting for employment, our institution has come up with an array of employability initiatives matching the growing need of the job market. All Initiatives are mostly **free of cost** so that students coming from economically backward classes of society do not have to face any difficulty for honing their skills and abilities.

The Practice

A combination of tripartite Employability Initiatives includes

1. **Career Fairs & Career Counseling sessions**
2. **Knowledge & Skill Enhancement Courses**
3. **Entry in Service portal on college website**

1. Career Fair & Career Counseling

The Annual Career Fair is a program organized by the Centre of Career Development & Placement Cell of the College,

A considerable number of local & national organizations from diverse field such as education, health, IT, management, banking and insurance set up their stalls in the Career Fair. We also boast stalls by the Indian Army and The Indian Air Force. During counseling sessions eminent entrepreneurs and experts provide guidance and motivational speech,

During the last five years the institutions has been **able to organize 12th, 13th & 14th (total three) Career Fairs & Career Counseling**. Career Fairs & Career Counseling sessions could not be held in 2021 & 2022 due to Covid 19 induced lockdowns all over the country.

2. Knowledge & Skill Enhancement Courses

Keeping with the aim of improving employability skills among young aspirants our institution provides **Knowledge & Skill Enhancement Courses** on diverse fields. A total of **15164 unique students** have successfully completed the **32 Knowledge & Skill Enhancement Courses** in last 5 years.

3. Entry in Service Portal on college Website

The Entry in Service Portal contains a **reservoir of suggestive & previous years' paper sets** on different subjects. The portal includes a system for automatic self-evaluation.

This portal is designed to facilitate students to prepare for competitive examinations.

Evidence of Success:

Apart from enthusiastic participation in our 13th and 14th Career Fairs & Career Counseling, due to the constant care and endeavor—**1579** of our students are reported to have been placed in government & private jobs, **1795** have progressed to higher studies & **603** have qualified in exams including government competitive exams during the last five years.

Problems Encountered:

Lack of Internet access for students residing in remote areas and Unavailability of computers & smart phones among students coming from economically weaker sections of society are the challenges we have faced while conducting any initiative online. Apart from these, unavailability of enough space at our campus for expanding the scope of Career Fair and Career Counseling program has been another challenge we are looking forward to overcome.

Best Practice 2: A Triadic Manifesto of Students' Progression: Running a Prodigious stride to Success

