

BARRACKPORE RASTRAGURU SURENDRANATH COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION

NOTICE

DATE- 10.09.24

This is to inform to all the students of **SEM-II** who have opted **Physical Education as Skill Enhancement Course (SEC)** that they have to prepare a Project Assignment on the following topics and have to submit the assignment within **20.09.24**.

- Standard Athletic track marking with all measurements.
- Kabaddi, kho-kho, Football & Volleyball – Layout of field and court with all measurements. Rules and regulations of these games.
- Method of organizing Annual Athletic Meet.

Instructions:-

- Within 40 pages of Practical sheets.
- Diagram and proper marking of the courts/fields with all measurements, mention rules and regulations.
- The front page of the Project should be like this –
Barackpore Rastraguru Surendrath College
Department of Physical Education
Semester –II
Name of Student:
Student ID:
Paper Name & code:
Name of Topic for project:



Dr. Jyostnasis Ghosh
HoD (Physical Education)