

# BARRACKPORE RASTRAGURU SURENDRANATH COLLEGE

## DEPARTMENT OF PHYSICAL EDUCATION

### NOTICE

DATE- 10.09.24

This is to inform to all the students of **SEM-II (MAJOR)** who have opted **Physical Education as Multi Disciplinary Course (MDC)** that they have to prepare a Project Assignment on the following topics and have to submit the assignment on **20.09.2024(12.30 to m2.30pm)** & on **21.09.24.(12 to 2.00pm)**

- Concept & definitions of Sports Management.
- Importance of Sports Management.
- Principles of Sports Management.
- Meaning, Definition and types of tournaments.
- Method of organizing Annual Athletic Meet.
- Care and maintenance of Play Ground, Gymnasium & sports equipments.
- Meaning & definition of Sports Psychology.
- Role of motivation in Physical Education and sports.

#### Instructions:-

- Within 30 pages of Practical sheets.
- The front page of the Project should be like this –  
**Barackpore Rastraguru Surendrath College**  
**Department of Physical Education**  
**Semester :**  
**Name of Student:**  
**Student ID:**  
**Paper Name & code:**  
**Acknowledgement:**  
**Index:**



**Dr. Jyostnasis Ghosh**  
**HoD (Physical Education)**