

BARRACKPORE RASTRAGURU SURENDRANATH COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION

NOTICE

DATE- 27.01.25

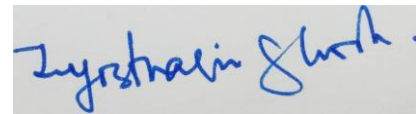
This is to inform to all the students of **SEM-III (MAJOR)** who have opted **Physical Education as Multi Disciplinary Course (MDC)** that they have to prepare a Project Assignment on the following topics and have to submit the assignment on **11.02.2025(12.30 to 2.30pm)**

- 1-Meaning and definition of Anatomy, Physiology and Exercise Physiology
- 2-Importance of Anatomy, Physiology and Exercise Physiology in Physical Education
- 3-Meaning, Definition and types of tournaments.
- 4-Structure of skeletal system. Classification and location of joints care and maintenance of Play Ground, Gymnasium & sports equipments.
- 5-Heart-Structure and functions. Mechanism of blood circulation through heart..
- 6-Structure and function of Neuron
- 7-Meaning of Endocrine Gland, Function and Location of pituitary Gland

**** Explain all the topics with proper diagram**

Instructions:-

- Within 40 pages of Practical sheets.
- The front page of the Project should be like this –
Barackpore Rastraguru Surendrath College
Department of Physical Education
Semester : III
Name of Student:
Student ID:
Paper Name & code:
Acknowledgement:
Index:



Dr. Jyostnasis Ghosh
HoD (Physical Education)