

BARRACKPORE RASTRAGURU SURENDRANATH COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION

NOTICE

DATE- 30.01.26

This is to inform to all the students of **SEM-V** who have opted **Physical Education as Skill Enhancement Course (SEC)** that they have to prepare a Project Assignment on the following topics and have to submit the assignment within **07.02.2026**.(1 pm to 2 pm)

- Volley Ball- ground marking with all measurements. Officials and their duties with all signals
- Kabaddi- ground marking with all measurements. Officials and their duties with all signals
- Badminton – Ground measurement and lay out. Officials and their duties with all signals

Instructions:-

- Within 30 pages of Practical sheets.
- Diagram and proper marking of the courts/fields with all measurements, The front page of the
- Project should be like this –

Barackpore Rastraguru Surendratrath College

Department of Physical Education

Semester –V

Year- 2026

Name of Student:

Student ID:

Paper Name: SEC in Physical Education

Name of Topic for project: SEC project in Physical Education

Jyostnasis Ghosh

Dr. Jyostnasis Ghosh

HoD (Physical Education)